

NURC 304 Subjective/Objective Notes

Thorax and Lungs

Student Name: Brittany Hackler		Preceptor Name: Therese	
Patient Initials: A. D.		Date of Exam: 3/3/2021	
Patient Gender: F		Patient Age: 41	
System: Thorax and Lungs			
<div>S</div> <div>Subjective</div>	Chief Complaint (patient’s own words): “I am here with Brittany as her patient for a skills check-off.”		
	History of Present Illness: <i>(include pertinent negatives and positives)</i> No problems with breathing. Has had no changes in breathing in the last six months or two years. Patient denies current cough or shortness of breath. Denies history of hemoptysis, tuberculosis, bronchitis, pneumococcal pneumonia, or heart failure. No history of flu, chronic obstructive pulmonary disease, or lung cancer. Admits to being able to complete activities without a change in breathing. Denies having seasonal allergies or asthma. Admits to having a cold every year. The patient states, “I get sore throats and hoarseness when I get a cold.” Patient states, “I sleep with an orthopedic pillow for support of my neck lower back.” Has never smoked. Works and lives in a smoke-free environment. No exposure to fumes or irritants. Admits to getting yearly flu shot, and recently has received the COVID-19 vaccine. Gets a yearly TB test to be compliant with the nursing program. Wear’s mask and googles at workplace for safety. No history of anxiety. Uses OTC medications for headaches on rare occasions.		
	Past Medical History: Patient reports having mild colds in the winter treated with an OTC. Also takes OTC occasionally for headaches. No reported history of surgeries or hospitalizations. No family history of disease in the lungs or of the respiratory system. No family history of COPD, heart failure, lung cancer, TB, pneumonia, or bronchitis. Up to date on all immunizations including flu shot, COVID-19 vaccine, and TB testing.		
	Medications: Ibuprofen 400mg PO PRN for headaches Mucinex 600mg PO 1 to 2 tabs every 12 hours for colds.		
<div>O</div> <div>Objective</div>	Clinical Exam: Alert and oriented with relaxed facial expression. Skin on the is face pink, no nasal flaring, nares patent. Lips’s pink, moist. Respirations are regular, deep, with no use of accessory muscles. Respirations noted at 17 breaths per minute.		
	Thorax: Chest movement and excursion symmetrical with an elliptical shape, with downward sloping ribs at a 45-degree angle relative to the spine, ribs intact. Transverse to AP diameter = 2:1. Muscle mass firm. Chest color pink, warm. No masses, lesions, pain, or crepitus. Spine is vertically aligned. No tenderness on palpitation or lesions on anterior or posterior thorax area. Lungs: Tactile fremitus test, no areas of density or increased vibrations symmetrically to posterior or anterior chest. Resonance sounds throughout lung fields to percussion. Diaphragmatic excursion 5cm bilaterally and parallel. Anterior and posterior breaths sounds are vesicular over periphery, bronchovesicular between scapulae and lateral to sternum, bronchial sounds next to trachea, tracheal sounds over the trachea. No adventitious sounds noted.		