

NURC 304 Subjective/Objective Notes

Abdomen

Student Name: Brittany Hackler		Preceptor Name: Renita Armstrong	
Patient Initials: B. P.		Date of Exam: 3/17/21	
Patient Gender: F		Patient Age: 58	
System: Abdomen			
<div>S</div> <div>Subjective</div>	Chief Complaint (patient’s own words): “I am here with Brittany as her patient for a skills check-off.”		
	History of Present Illness: <i>(include pertinent negatives and positives)</i> Patient states, “I have had problems with my appetite prior to my surgical procedure, I had very bad acid reflux issues and medications did not help. I had a Nissen Fundoplication.” Patient denies eating disorders such as Anorexia or Bulimia. Denies having problems with dysphagia associated with strokes, thrush, or any obstructions. Patient states having some food intolerances such as spicy food, fatty foods, garlic, and onions prior to surgery that would cause pyrosis and acid reflux. “I am able to eat these foods now in moderation.” Denies having eructation. Denies visceral, parietal, or referred pain, acute pain as in appendicitis, cholecystitis, bowel obstruction, or perforated organ. Denies any chronic pain associated with gastric ulcers or duodenal ulcers. Patient states, “I had really bad nausea and vomiting prior to my surgery, but now I do not have any nausea or vomiting. I hope I do not ever get sick as I would be afraid, I would vomit, and tear open the sutures.” Admits to having a bowel movement once daily with problems alternating between diarrhea and solid stools, but no constipation. Denies hepatitis, jaundice, colitis, or gallbladder disease. Diet moderately healthy since Nissen surgery. Eats 3 x’s daily with 1 snack of fruit or occasionally ice cream. Major weight loss prior to surgery from GERD symptoms. Weight remains stable for the last two years. Denies food allergies, smoking, and heavy drinking.		
	Past Medical History: Patient reports dentures and deviated septum at age 16 r/t abuse. Tonsillectomy at age 30 r/t strep throat. No family history of disease in the ears, nose, mouth, or throat, heart or vascular. No personal or family history of diabetes, hypertension, glaucoma, obesity, CAD, or history of sudden death at a young age. No family history of GI disorders such as ulcers, gallbladder disease, hepatitis, jaundice, appendicitis, colitis, or hernias. Family history of abuse. Up-to date on all immunizations including flu shot and COVID-19 vaccine. Last labs drawn 6 months ago: CBC with fasting lipids and CMP. Had a Nissen Fundoplication 2 years ago for GERD.		
	Medications: Ibuprofen 400mg PO PRN for headaches Mucinex 600mg PO 1 to 2 tabs every 12 hours for colds Lipitor 20mg PO daily		
<div>O</div> <div>Objective</div>	Clinical Exam: Abdomen rounded and symmetrical. Umbilicus midline, inverted, no irritation. Skin color consistent with chest. No lesions, bulges, masses, or visible peristalsis. Striae noted to LLQ and RLQ. Five scars noted to abdomen from Nissen surgery. Two scars located in LUQ. First scar 2 cm from midline and the second scar 6 cm from midline. Third scar noted to RUQ 3cm from midline. Fourth scar midline 2 cm below xiphoid process. Fifth scar located midline 2cm above umbilicus. Gurgling bowel sounds of at least 5 seconds in each quadrant. Vascular sounds present, no bruits, venous hums, or friction rubs. Tympany throughout to percussion. No bladder dullness or ascites. Abdomen smooth, soft, and nontender. No guarding or rigidity. Urinary bladder, liver, or spleen nonpalpable. No rebound tenderness.		