

**NURC 304 Subjective/Objective Notes**  
**Nose, Mouth, Throat**  
**Ears**  
**Eyes**

Student Name: Brittany Hackler	Preceptor Name: Therese Wolfe
Patient Initials: B. P.	Date of Exam: 02/24/2021
Patient Gender: F	Patient Age: 58
System: Nose, Mouth, Throat, Ears, and Eyes	
S	<p><b>Subjective</b></p> <p><b>Chief Complaint (patient's own words):</b> "I am here with Brittany as her patient for a skills check off."</p> <p><b>History of Present Illness:</b> <i>(include pertinent negatives and positives)</i></p> <p><b>Nose:</b> Patient denies having symptoms of rhinorrhea, nasal or sinus pain, sinusitis, epistaxis, or allergies such as seasonal or hay fever. Resident states, "I do get cold symptoms every year, but never last long. I usually get a runny nose, cough, and congestion, and postnasal drip at times." Admits to taking cold medication. Resident states, "I have also been getting my flu vaccine. Denies having altered smell, issues with breathing through nares, and the misuse of cold medications. Denies having acute rhinitis and foreign bodies, nasal polyps, or furuncles. Admits to having a deviated septum from abuse.</p> <p><b>Mouth and throat:</b> Patient denies having any pain, sores, or lesions. Denies having bleeding gums, toothaches, voice changes or hoarseness r/t chronic inflammation, lesions, overuse of voice, or neoplasms. Patient states, "I get sore throats and hoarseness when I get a cold." Denies any problems with dysphagia related to pharyngitis, GERD, stroke, or esophageal cancer. Patient reports, "I have had dentures since I was in my teens, my father abused me and punched my teeth out." Denies smoking, or heavy alcohol consumption. Patient states, "I am a social drinker, but I only have a couple and my last drink was two days ago to celebrate my husband's birthday. I never go overboard and get trashed." Patient reports having a tonsillectomy at the age of thirty r/t strep throat. Last dental appointment 6 months ago.</p> <p><b>Ears:</b> Patient denies earaches, otalgia, otorrhea in the external otitis, acute OM with perforation, or cholesteatoma. Denies presence of any discharge or trauma. Denies presbycusis or recruitment hearing loss. Patient states, "I am a nurse in a very noisy place at times. So, I am exposed to environmental noises from patients, other staff, and buzzers that go off." Denies noisy environments that include gun fire and places that she would need to shout. Patient reports tinnitus. States, "I started to notice mild ringing in the ears, especially after work. It started about two years ago but does not really bother me." Reports last hearing test a year ago and has not followed up recently on the tinnitus. Patient states, "I like to use Q-tips to clean my ears." Denies vertigo.</p> <p><b>Eyes:</b> Patient states, "no visual problems when wearing glasses." No blurriness, blind spots, colorblindness, clouding, scotoma, floaters, blind spots, loss of peripheral vision or pain. No reports of optic atrophy, glaucoma, vitamin A deficiency. No reports of photophobia or cataracts. No history of strabismus, diplopia, redness, swelling, discharge, or watery eyes. Patient states, "I am nearsighted and wear glasses. My last vision check was 8 months ago and</p>

	<p>nothing has changed.” Patient reports no smoking or drug use. Resident states, “I am having to wear protective eye wear at work that consists of goggles or face shield related to COVID-19. It has caused problems with my glasses fogging up and on some days I have vision problems.” Patient admits to staring a computer screen for the majority of her work day. Reports no history of hyperthyroidism, diabetes, bell palsy, or basal cell cancer.</p>
	<p><b>Past Medical History:</b>  Patient reports dentures and deviated septum at age 16 r/t abuse. Tonsillectomy at age 30 r/t strep throat. No other reported surgeries or hospitalizations. No family history of disease in the ears, nose, mouth, or throat. No personal or family history of diabetes, hypertension, glaucoma. Family history of abuse. Up-to date on all immunizations including flu shot and COVID-19 vaccine.</p>
	<p><b>Medications:</b>  Ibuprofen 400mg PO PRN for headaches  Mucinex 600mg PO 1 to 2 tabs every 12 hours for colds.</p>
<p><b>O</b>  Objective</p>	<p><b>Clinical Exam:</b></p> <p><b>Nose:</b> Nose is symmetrical, midline, and proportionate to other facial features. Nares patent, sinuses nontender, no lesions, membranes moist and pink. No swelling, discharge, bleeding, or foreign body. Deviated septum noted to right nostril, with no perforation or bleeding in the septum.</p> <p><b>Mouth:</b> Lips pink, moist, symmetrical. No lesions or cracking. Dentures are clean and intact. Tongue mobile, protrudes in midline, pink papillae present, no lesions or tremor. Mucosa and gingivae pink, moist, intact with no lesions or masses. Wharton’s and Stenson’s ducts patent. No halitosis</p> <p><b>Throat:</b> Uvula and soft palate rise with “ahhh”.  Pharynx and uvula pink, moist, no lesions or exudate. Tonsils not present. Gag reflex present.</p> <p><b>Ears:</b> Responds to questions and instructions. Ears are symmetrical in size, shape, configuration, with no lesions, lumps, or broken skin. Skin is warm, pink, and dry. No redness, foreign bodies, lesions, discharge, or swelling noted to external canals bilaterally. Meatus patent with no discharge. Tragus mobile nontender. Mastoid free of lesions, nontender. Otoscopic examination reveals small amounts of cerumen, canal clear, tympanic membrane gray and without lesions. Whisper test reveals bilateral equal hearing. Rinne test AC &gt; BC. Weber test reveals no lateralization. Romberg test shows patient able to maintain balance.</p> <p><b>Eyes:</b> Visual acuity 20/30 both eyes wearing glasses. Visual acuity 20/50 right eye and 20/40 left eye without glasses. Near vision 14/14 both eyes with glasses 12/12 without glasses. Facial expression relaxed. Visual fields symmetrical, extraocular muscle function (EOM) intact. No lid lag or nystagmus noted. Eyelids and lash skin is intact without redness, swelling, discharge, or lesions. Eyeball with no appearance of protrusion or sunken appearance. Conjunctiva pink, moist and glossy and the sclera is white with no color changes, swelling or lesions. L Eyebrows symmetrical, lashes intact, lids without lesions.</p>