# NURC 304 Subjective/Objective Notes Neurological and Cranial Nerves

Student Name: Brittany Hackler	Preceptor Name: Renita Armstrong
Patient Initials: K.W.	Date of Exam: 3/31/2021
Patient Gender: F	Patient Age: 28

#### System: Neurological and Cranial Nerves

Chief Complaint (patient's own words): "I am here with Brittany as her patient for a skills check-off."

**History of Present Illness:** (include pertinent negatives and positives)

Subjective

Patient denies having severe headaches, head injuries, or concussions. Denies decreases in memory or mental function. Denies any vision problems and does not wear glasses. States: "I do get the occasional headache, but it is controlled with Ibuprofen. Has had no dizziness, vertigo, or any syncope episodes. No history of seizures or seizure disorders, such as epilepsy or paroxysmal disease. Patient states, "I have never had an aura, but I have heard about them." Patient denies having tremors or weakness. Patient denies paresis, paralysis, dysmetria, paranesthesia, or dysarthria. No history of Huntington's Disease, Parkinson's Disease, or Dementia. No history of strokes, spinal cord injuries, meningitis, or encephalitis, congenital defects, or any alcohol use. Patient denies any environmental or occupational hazards.

## **Past Medical History:**

Presence of circular red dots on chest and pimples on shoulders and back area. No family history of joint, muscle or skeletal disease.

### **Medications:**

Ibuprofen 400mg PO PRN for headaches, muscles aches

Multivitamin 1 tab PO Daily

Vitamin D 1000 IU PO Daily

### Clinical Exam:

**Mental Status:** Patient is A&Ox4, responses are appropriate with short- and long-term memory. Recalls date and place without complications.



#### **Cranial Nerves:**

**Cranial Nerve I:** Patient able to distinguish smell of orange in the room.

Cranial Nerve II, III, IV, VI: Vision present in all fields. Visual acuity 20/30 in L eye and 20/20 in R eye. Near vision 14/14 both eyes. Facial expression relaxed. Visual fields symmetrical, extraocular muscle function (EOM) intact. No lid lag or nystagmus noted. Eyelids and lash skin is intact without redness, swelling, discharge, or lesions. Eyeball with no appearance of protrusion or sunken appearance. Conjunctiva pink, moist and glossy and the sclera is white with no color changes, swelling or lesions. Pupils noted to be 3+, PERRLA.

**Cranial Nerve V:** Able to clench jaw, masseter muscles equal, strong bilaterally, 5+ strength and patient speaks clearly. Light touch felt on all three areas of face.

**Cranial Nerve VII**: Facial symmetry equal bilaterally, able to lift eyebrows, puff cheeks with air escaping equally.

**Cranial Nerve VIII:** No difficulty with hearing and can understand verbal communication. Can repeat words during whisper test. Weber test is negative, hearing equal bilaterally Rinne test negative. **Cranial Nerve IX and X**: Uvula and soft palate rise with "ahhh".

Pharynx and uvula pink, moist, no lesions or exudate. Gag reflex present.

Cranial Nerve XI: Able to hold head erect and muscle strength equal bilaterally.

**Cranial Nerve XII:** Able to extend tongue without complication and able to say light, tight, and dynamite without complications. Speech clear and distinct.

**Motor System:** Able to move all extremities with no complications. Upper extremities symmetrical and muscle tone and size is equal bilaterally. No involuntary movements to upper extremities. RAM test normal with equal turning and quick rhythmic pace. Finger-Nose-Finger test smooth and accurate. Lower extremities symmetrical and muscle tone and size equal bilaterally. No involuntary movements noted. Heel-to-shin test, heel moved in a straight-line down shin with no complication. Gait and balance are smooth, rhythmic, and effortless. No dizziness noted when standing. Tandem and tiptoe walking smooth and effortless. Romberg test negative with no swaying noted. Shallow knee bends is normal, smooth with no hesitancy.

**Sensory System:** Able to distinguish between sharp, dull, and soft. Vibrations felt in bony prominences. Kinesthesia movements distinguishable and precise.

**Reflexes**: Bicep reflex noted at 2+, Triceps reflex noted at 2+, Brachioradialis reflex noted at 2+. Quadriceps reflex noted at 2+, Achilles' reflex noted at 2+. Clonus test and plantar reflex intake.